



#PublicHealthHeroes

RECOGNIZING PUBLIC HEALTH HEROES WORKING TIRELESSLY
BEHIND THE SCENES TO KEEP COMMUNITIES HEALTHY AND SAFE

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HOW I'M HELPING TO KEEP COMMUNITIES SAFE RIGHT NOW

I'm helping our community to slow the spread of COVID-19 through surveillance, case finding and contact tracing. I also support community partners to manage, control and prevent COVID-19 outbreaks in health care facilities

MY MESSAGE TO THE PUBLIC DURING THESE CHALLENGING TIMES

*"We are stronger
together"*

MY ROLE IN PUBLIC HEALTH

What I'm championing every day to keep communities healthy:

Social distancing and self-isolation are vital strategies to slowing the spread of COVID-19. At work, I provide support and reassurance to individuals who are required to self-isolate. In my personal life, our family practices social distancing to reduce the potential risk of COVID-19 transmission

What I would like to see for the future of public health:

I hope for a better understanding and recognition of the importance of Public Health work. We are the unseen hero's in this pandemic response.