



#PublicHealthHeroes

RECOGNIZING PUBLIC HEALTH HEROES WORKING TIRELESSLY
BEHIND THE SCENES TO KEEP COMMUNITIES HEALTHY AND SAFE

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HOW I'M HELPING TO KEEP COMMUNITIES SAFE RIGHT NOW

Answering calls from community members, completing medical surveillance calls and supporting case & contact management all help to keep my community safe and informed. I collaborate with and support my colleagues in our expanding and evolving roles through a variety of leadership opportunities.

MY MESSAGE TO THE PUBLIC DURING THESE CHALLENGING TIMES

"These are challenging times - be genuine, kind, and empathetic to those around you."

MY ROLE IN PUBLIC HEALTH

What I'm championing every day to keep communities healthy:

I am proud to be a Registered Dietitian working in Public Health. Collaboration and partnership are the heart of advancing public health nutrition, improving population health and health equity locally and provincially. Day to day, I provide families with education and support for breastfeeding, infant and child nutrition to promote healthy growth & development. I also partner with child care and Early Years agencies to provide nutrition and policy support and training in my communities.

What I would like to see for the future of public health:

A respected, well-integrated and fully funded public health system, led by a diverse and multidisciplinary workforce - that enables communities and individuals to be healthy and that greatly reduces the inequities that put many at a disadvantage for attaining their optimal health.