



#PublicHealthHeroes

RECOGNIZING PUBLIC HEALTH HEROES WORKING TIRELESSLY
BEHIND THE SCENES TO KEEP COMMUNITIES HEALTHY AND SAFE

JULIE INGRAM

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HOW I'M HELPING TO KEEP COMMUNITIES SAFE RIGHT NOW

Acting as Operations Co-chief, I am involved in our local COVID-19 pandemic response with a focus on protecting our vulnerable populations, supporting our local emergency shelter, and working collaboratively for the enforcement of emergency Orders.

MY MESSAGE TO THE PUBLIC DURING THESE CHALLENGING TIMES

The risk of COVID-19 is real. If you go out, let it be for essential reasons only. Follow public health measures and don't forget to be patient and kind.



MY ROLE IN PUBLIC HEALTH

What I'm championing every day to keep communities healthy:

Teamwork with some incredible professionals to protect the public's health by: ensuring that local food premises are safe and food handlers are educated; allowing families to safely enjoy recreational water facilities with confidence; providing rural residents information on safe drinking water and sewage disposal; working to reduce exposure to secondhand smoke and vapour; and ensuring that local health hazards are identified and mitigated or eliminated.

What I would like to see for the future of public health:

Greater understanding that public health is the foundation of a sound healthcare system and critical for the development of healthy communities.