



#PublicHealthHeroes

RECOGNIZING PUBLIC HEALTH HEROES WORKING TIRELESSLY
BEHIND THE SCENES TO KEEP COMMUNITIES HEALTHY AND SAFE

PUBLIC HEALTH EMERGENCY SUPPORT GROUP

York Region Public Health

HOW WE ARE HELPING TO KEEP COMMUNITIES SAFE RIGHT NOW

Our team supports the physical and psychosocial health and safety of our peers during this emergency response, so that they, in turn, can continue their tireless work to help keep our residents safe.

OUR MESSAGE TO THE PUBLIC DURING THESE CHALLENGING TIMES

“Self-care is giving the world the best of you, instead of what’s left of you”

– Katie Reed

Public Health Emergency Support Group (PHESG)

STAFF SUPPORTING STAFF – WE’RE HERE FOR YOU



OUR ROLE IN PUBLIC HEALTH

What we champion every day to keep communities healthy:

Peer support for those working in our public health COVID-19 response is instrumental in maintaining a healthy workforce that can continue to effectively serve our residents. Our promotion of resiliency and Critical Incident Stress Management can help our teams to better assist our community to withstand, manage and recover from this pandemic.

What we would like to see for the future of public health:

Increased Critical Incident Stress Management tools to help support staff well-being during public health emergencies, particularly those tailored to pandemic responses.