



#PublicHealthHeroes

RECOGNIZING PUBLIC HEALTH HEROES WORKING TIRELESSLY
BEHIND THE SCENES TO KEEP COMMUNITIES HEALTHY AND SAFE

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HOW I'M HELPING TO KEEP COMMUNITIES SAFE RIGHT NOW

Assisting the local public health unit with the COVID-19 response: case and contact management, outbreak response, keeping the public informed.

MY MESSAGE TO THE PUBLIC DURING THESE CHALLENGING TIMES

*“The right to hope is the most powerful human motivation I know.”
Aga Khan IV*



MY ROLE IN PUBLIC HEALTH

What I'm championing every day to keep communities healthy:

Keeping the data in context, promoting public health measures, empathizing with individuals in difficult situations and supporting mental health.

What I would like to see for the future of public health:

A concerted effort to improve the quality of life for vulnerable and marginalized communities including fighting racism, challenging current systems of oppression, and interventions to reduce health inequities.