



# #PublicHealthHeroes

RECOGNIZING PUBLIC HEALTH HEROES WORKING TIRELESSLY  
BEHIND THE SCENES TO KEEP COMMUNITIES HEALTHY AND SAFE

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Public Health Nurse



### HOW I'M HELPING TO KEEP COMMUNITIES SAFE RIGHT NOW

I am currently working 11-hour shifts answering calls and making referrals related to COVID-19 at Region of Peel's Public Health Contact Centre to keep our community informed and safe!

### MY MESSAGE TO THE PUBLIC DURING THESE CHALLENGING TIMES

*"You treat a disease, you win, you lose. You treat a person, I guarantee you, you'll win, no matter what the outcome."*

- Patch Adams, 1998

### MY ROLE IN PUBLIC HEALTH

#### What I'm championing every day to keep communities healthy:

In my day-to-day role, I conduct case management and provide home visits for high-risk families in the Healthy Babies Healthy Children program. I promote optimal child growth and development and foster positive parenting skills through health education, counselling, and service coordination.

#### What I would like to see for the future of Public Health:

I would love to see more widespread acknowledgment of the work conducted by Public Health to keep communities healthy!